



## Contact information

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## PROFILE

I'm a Humanistic Coach: I support and flank adults, teens and teams at the human character strengths discovery and training, on specific self-determination and performance fields. My main activities are: personal growth, group experiential labs and training (educational coaching).

I develop thanks to different knowledge fields exploration, first of all those of the scientific research, with its methods, rigor and objective orientation, and of human relationships, with their unicity and dynamic potential. Sport and arts are the experiential and knowledge fields that enrich and make *mine* my way to support others' growth and development. The project I create are specially-made for the contexts I work for. My foreign life experience determined a quality jump in my writing and speaking English skills in different environments. I owe most of what I am to people I met throughout my life, first among all to my mother and my father.

## WORK EXPERIENCE

2012 - TO DATE (8 YEARS)

*Coaching and experiential Education; Scientific Research consulting*  
Freelance.

*ACC credential from ICF (International Coaching Federation). PCC credential ongoing.*

**Educational Coaching for work groups and teams; character strengths and soft skills training for groups and individuals. Main objectives: team building; team coaching; identity, cooperation and empathy development for work groups; verbal and written communication efficacy development. Arts&coaching projects for working and educational contexts. Recruitment activity for companies.**

## LAURA LEONE

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### Partnerships:

*Metàlogos*, Research, Consultancy and Education Company, Belluno, Italy (<http://www.metalogos.it/>).

*Dott. Anita Rusciadelli*, graphologist, psychosomatic medicine consultant, professor at University of Urbino, Italy (<http://nkcatbass.wixsite.com/synterapia>).

*Giovanni Bonocore*, football trainer, Alessandro Del Piero former trainer (<http://www.giovanni-bonocore.com/>), Pisa).

from March 2018: **member of Executive Board of AICP, Italian Association of Professional Coaching** (*Associazione Italiana Coach Professionisti, association registered at the MISE, the National Ministry of Economic Development*). Function: Responsible for the development of local excellence (**Development unit**); commissioner of Regional Association Managers. *AICP* is a non-profit organization aimed at developing and divulge the coaching profession ethics and value;

from April 2016 to March 2018: **vice** Responsible of Development Unit *AICP*.

from Jan 2014 to Oct 2016 - Responsible for local *AICP* Unit in Piemonte Region.

### Main recent projects:

*Unicredit BEST*: team coaching for bank customer advisors on peak performance (*ongoing*).

*COLTIFORM*: coaching for young farmer entrepreneurs on: Effettive Communication, Time Management, Interpersonal Relationship. Executive coaching for Mangers. Project required by *Coldiretti* (Italian main National Confederation for Farmers) *Toscana (ongoing)*.

*HUMAN TREASURE HUNT (creator and manager)*: educational coaching for teachers, school managers, sport trainers and parents ([National Announcement](#)) promoted by MIUR (Ministry of Education, University and Research) and from the Scientific, Technical and Professional Division Fermi-Giorgi of Lucca (Italy) in collaboration with the USP (Provincial School Office) of Lucca-Massa Carrara (*ongoing; 2018-19 edition ended*).

*GRAPHOLOGY & HUMANISTIC Coaching (creator and manager)*: experimental research project for individual and group coaching paths. The project asmi at integrating the two different methods for human potential development. (*ongoing*).

*COACHING & THEATER (creator and manager)*: development of a *resident theater company* of *AICP* professional coaches aiming at:

- facilitating the knowledge of *AICP* values and good practice principles
- strengthen the membership among members. (*ongoing*).

*L.I.F.E. Lavoro, Innovazione, Formazione, Esperienza (Job, Innovation, Education, Experience)*: European Project: individual based Coaching for 40 youngsters (Jan - April 2018, total 201 hours) realized for different Education Companies in Pisa (Copernico ([CNA](#)), Cescot, Formatica).

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*M.E.T.A. Motivazione, Esperienza, Talenti, Abilità* (Motivation, Experience, Talents, Abilities): European Project: individual based Coaching for 50 youngsters (Oct 2016 - April 2017, total 198 hours) realized for different Education Companies in Pisa (Copernico ([CNA](#)), Cescot).

Listening and Empathy Training Lab for diverse professional contexts ([Scuola Holden](#) in Torino, Nov 2017; [Incoaching](#), school for Professional Coaching Education in Senigallia, Sept 2017).

*Chiamata alle Arti!* (Art is calling! Creative project for business and work) (*creator and manager*, Oct 2017- Feb 2018): coaching project realized for 4 different work contexts ([Decastudio](#), hair studios Torino; [Unionenet](#), Social Care Settimo Torinese, TO; [Piemex](#), Alternative Commercial Credit Circuit, Torino; [ANMA](#), Shiatsu Operators, Torino) with selected artists from Piemonte Region; Experimental project realized for *AICP*.

### ENDED WORK EXPERIENCES

*Università Cattolica del Sacro Cuore, Torino (project contract)* *Sept 2015- Oct 2017 (2 years)*  
Professor of Statistics for Master's Degree students in Professional Nursing Course.

*Università di Pisa e Comune di Cascina (project contract)* *Dec 2010- Nov 2011 (1 year)*  
Research project contract: development and writing of the Yearly Statistical Report. Collaboration between the Statistical Department of Pisa University (Faculty of Economics) and the Municipality of Cascina (Pisa).

*Challenge Learning (partnership)* *Apr 2010- Feb 2011*  
Coaching and Team Building for Professional and Academic context with Challenge Learning (ref. Dan Wiesenfeld [danwisi@gmail.com](mailto:danwisi@gmail.com)), International Education and Consulting Company.

*Scuola Superiore di Studi Universitari e Perfezionamento Sant'Anna di Pisa* *Jan 2007- Aug 2010 (3 years e 8 months)*  
Research Contract - Social Research Unit.

Main contexts:

Homeopathic Medicine Evaluation and Data Management of Local Health Unit (USL5 Pisa).  
– Publication: L. Leone et al. *Measuring the efficacy of homeopathic care through objective and shared indicators*. Homeopathy (2011) 100, 212-219.

Realization of a Wireless monitoring system for hearth deficiency patients. Research project with CNR (Science Research Council).

*Lund University, Sweden* *Oct 2006- Dec 2006*  
Admitted at the PHD program in Statistics at Lund University School of Economics and Management, Department of Statistics, Lund. Research and Lecturing activity. (I ended my contract because I simultaneously got the Research Contract at Sant'Anna Univ. of Pisa.).

# LAURA LEONE

*Max Plank Institute for Demographic Research, Germany* Oct 2004- Aug 2006 (2 years)  
Junior Researcher at Max Plank Institute for Demographic Research (MPIDF), Rostock, Germany. Survival and Mortality Lab research activity.

*Nora Federici Library, Demographic Science Department at La Sapienza Univ, Rome (scholarship)*  
AA 2002/2003  
In charge of Scientific Journal suppliers and of the help desk.

## EDUCATION

### UNIVERSITY DEGREES

UNIVERSITY OF ROME "LA SAPIENZA", FACULTY OF STATISTICAL SCIENCE  
*Rome — 27 May 2004*

DEGREE **Master's Degree in Statistical, Demographical and Social Sciences. (mark: 109/110).**  
Title of the dissertation: "The Welfare State in The Netherlands". Subject: Social Policy. The quantitative section included the multivariate analysis of *European Community Household Panel* data (*ECHP*).

REFERENCE PERSON Prof. Marco Brazzoduro [marco.brazzoduro@uniroma1.it](mailto:marco.brazzoduro@uniroma1.it).

UNIVERSITY OF FLORENCE, FACULTY OF PSYCHOLOGY  
*Firenze, Via della Torretta 16 (Nov 2018 - ongoing)*

DEGREE **Master's Degree in Psychology of the life cycles and of contexts. Specialization area: human resources promotion in the work environment.**

UNIVERSITY OF TORINO, FACULTY OF PSYCHOLOGY  
*Torino — Bachelor Degree Courses for the admission at the Master's Degree (admitted at the Master's Degree of Psychology of Work and Organizations, competitive exam of Sept 4, 2018 University of Torino, and at the Master's Degree in Psychology of the life cycles and contexts. competitive exam of Sept 18, 2018 University of Florence.).*

DEGREE Passed exams: **history of psychology; psychology of the development; general psychology; dynamic psychology; psychophysiology; Work psychology; Psychometrics; Neuropsychology; Psychopathology; Social psychology; Descriptive Psychopathology.**

# LAURA LEONE

UNIVERSITY OF PISA, FACULTY OF ECONOMICS, DEP. OF MANAGEMENT  
“GIANNESSEI”

*Pisa — Oct 2009- June 2010*

DEGREE **Specialization Course of level II in Management** of health Care Companies. Evaluation: EXCELLENT. Dissertation title: *Competence mapping as a Corporate Wellbeing tool. A methodological suggestion to strengthen potential of professionale nurses in Local Health Unit (ASL5) of Pisa.*

REFERENCE PERSON In collaboration with Doc. Gabriella Smorto from ASL5 of Pisa ([gabriella.smorto@uslnordovest.toscana.it](mailto:gabriella.smorto@uslnordovest.toscana.it)).

## EDUCATION OTHER QUALIFICATIONS AND CERTIFICATES

WBECs, WORLD BUSINESS AND EXECUTIVE COACHING SUMMIT  
*Denver, US — Webinars on Coaching (Aug 2017 - May 2018, tot. 75 hours)*

CERTIFICATE Specialization on the following Coaching themes: neuroscience; team coaching, business and executive coaching tools, cognitive and behavioral coaching; coaching techniques and tools; systemic coaching; communication; corporate coaching; mindfulness coaching; gestalt coaching, evolutionary coaching.

REFERENCE <https://www.wbecs.com/wbecs2017/about-wbecs/>

NOVAXIA TRAINING  
*Milano — Sept 2018 - Nov 2018, tot. 12 hours*

TRAINING Mentoring with a PCC ICF Coach

REFERENCE [lpali@novaxia.com](mailto:lpali@novaxia.com)

DAIMON - SCUOLA DI TEATRO  
*Torino — The sensitive body Lab, 4-5 Feb 2017 (16 hours)*

TRAINING Physical work going through the steps of human evolutionary process, from birth to relationship with earth until the standing position; a tangible contact with the physiology of movement and with the anatomy of the direct experience. Training of being present an interior clarity, of deep listening and relationship with the others. With and from Gerardo Mele.

REFERENZE <http://www.clownsensibile.it/>

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### DAIMON - SCUOLA DI TEATRO

*Torino — The sensitive clown Lab, 4-9 July 2017 (28 hours)*

TRAINING Training of one's research of ingenuity, authenticity and emotions. Physical work following the "new clown" language, according to Pierre Byland e J. Lecoq. method. With and from Gerardo Mele.

### COACHING UNIVERSITY

*Milano — Coaching Master Programme, Jan-June 2016 (128 hours)*

CERTIFICATE Guest at the education training course of professional coaching. Education based on the *International Coaching Federation (ICF)* core coaching competences. Focus su: EI (emotional intelligence); *ICF* core competences; resilience; effective coaching dialogue.

REFERENCE Lorenzo Paoli, <http://www.novaxiatraining.com/en/>

### ICF USA — ACC ACCREDITATION, SEPT 2016

CERTIFICATE On line exam for ACC level accreditation. Prerequisite: mentoring (12 hours); training with accredited coaching school (min. 100 hours); coaching professional experience (min. 100 hours).

REFERENCE [sherrie.harvey@coachfederation.org](mailto:sherrie.harvey@coachfederation.org)

### SILC - ITALIAN SCHOOL OF LIFE&CORPORATE COACHING (*SCUOLA ITALIANA DI LIFE&CORPORATE COACHING*)

*Milano — 15-16 Jan 2016*

CERTIFICATE In depth seminar on Corporate Coaching.

REFERENCE <http://www.scuoladicoaching.it/>

### NOVAXIA TRAINING

*Milano — March - Sept 2015, tot. 12 hours*

CERTIFICATE Mentoring con Coach PCC di ICF

REFERENCE [lpaoли@novaxia.com](mailto:lpaoли@novaxia.com)

## LAURA LEONE

CEFME – CENTER OF HIGH HEALTH EDUCATION (CENTRO DI FORMAZIONE  
MEDICA POST-UNIVERSITARIA)

*Cremona — 1-2 May 2015*

CERTIFICATE Seminar on health and vegetal and whole food nutrition.

REFERENCE <https://www.gruppomacro.com/eventi/vita-nutre-la-vita-cremona-maggio-2015>

SILC - ITALIAN SCHOOL OF LIFE&CORPORATE COACHING (*SCUOLA ITALIANA  
DI LIFE&CORPORATE COACHING*)

*Bologna — 7-8 March 2015*

CERTIFICATE In depth seminar on Transcendence – Positive Psychology: the human anti-vulnerability.

REFERENCE <http://www.scuoladicoaching.it/>

AICP VENETO

*Belluno — 7-8 Nov 2014*

TRAINING Outdoor training with Rudy Orzes.

REFERENCE <http://www.formazioneoutdoor.it/it-IT/outdoor-training/news/rudy-orzes>

SILC - ITALIAN SCHOOL OF LIFE&CORPORATE COACHING (*SCUOLA ITALIANA  
DI LIFE&CORPORATE COACHING*)

*Roma — 2 Sept 2014*

CERTIFICATE In depth seminar on Sport Coaching: *What's the meaning of winning in sport.*

SILC - ITALIAN SCHOOL OF LIFE&CORPORATE COACHING (*SCUOLA  
ITALIANA DI LIFE&CORPORATE COACHING*)

*Roma — 15 March 2014*

CERTIFICATE In depth seminar on theory and operational method of the Vocational Orientation.

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## INCOACHING - ICF AND AICP ACCREDITED COACHING SCHOOL

*Milano — Coaching certificate, Sept - Dec 2012*

CERTIFICATE **Professional Coaching degree (80 ore).**

REFERENCE [rossi@incoaching.it](mailto:rossi@incoaching.it)

## AFPP PSYCHOANALYTICAL THERAPIST (ACCREDITED BY ASSOCIAZIONE FIO- RENTINA PSICOTERAPIA PSICOANALITICA)

*Pisa — 2009-2011*

TITOLO/COMPETENZA Personal development path (300 hours).

REFERENCE <http://www.afpp.eu/about/i-soci-ordinari-della-afpp/profili-professionali-soci-ordinari/buonamici-nadia/>

## MAX PLANCK INSTITUTE FOR DEMOGRAPHIC RESEARCH (MPIDR)

*Rostock, Germany — Oct 2004 -Aug 2006*

CERTIFICATE First year: education and training at the International Max Planck School for Demography – IMPRS (at the MPIDR Max Planck of Rostock).

Second year: Doctoral School of Demography (European Doctoral School for Demography – EDSD). N. 9 corsi (in English language) of which 8 with final exams and certificates:

1. Survival Analysis
  2. Research Tools and Presentation Skill
  3. Measures and Models of Demography
  4. New directions in Research on Aging, Survival and Mortality
  5. Basic mathematics for demographers
  6. Modeling, Simulation and Forecasting
  7. Computer Programming for Demographers
  8. Basic Statistics for Demographers
  9. Theories of Demographic Behavior and Change
- Advanced course for R programming (not certificated).

REFERENCE Dr. Heiner Maier [maier@demogr.mpg.de](mailto:maier@demogr.mpg.de)

## UVA UNIVERSITY OF AMSTERDAM

*Amsterdam — Sept - Nov 2003 (3 months)*

TRAINING Research activity for dissertation. Winner of scholarship from La Sapienza University of Roma.



# LAURA LEONE

UVA UNIVERSITY OF AMSTERDAM, MATHEMATICS FACULTY

*Amsterdam — AA 2001/2002 (12 mesi)*

TRAINING/CERTIFICATES 4 certificated course in English language (Inferential Statistics; Statistical Quality; Human Geography of Europe; Regional Planning). Winner of Erasmus Scholarship (1 year).

ITALIAN MILITARY AVIATION

*Isernia, Pescara — 1997 (3 months)*

CERTIFICATES Aviation theoretical and practical course. Winner of third place at the national competition of aviation culture 1997.

## EDUCATION

## OTHER COMPETENCES AND SKILLS

### LANGUAGE COMPETENCIES

Italian (mother tongue)  
English (Excellent. TOEFL test 2001); french (good); german (basic).

Scientific and literary editing ability in Italian and English.

### RELATIONAL COMPETENCIES

Highly skilled at researching, analysing and developing of human excellence and potential; high emotional and social intelligence. Particularly inclined for facilitating groups and for one to one communication.

### ARTISTIC COMPETENCIES

Competitive level athletics (1992-2000) and recreational (atletica, nuoto, acrobatica). Creative writing (poems, short stories). Feb 2014: Creative Writing for Novels and Theatre, Scuola Holden, Torino (12 hours). March-April 2013: Creative Writing for Novel, Scuola Holden (SH), Torino (12 hours). Jan-May 2012: Creative Writing level II at SH, Torino (54 hours). Jan-May 2011: Creative Writing level I at SH, Torino (54 hours). March-May 2010: winner of creative writing price from SH (participation at 3 workshop of storytelling in Pisa). Year 2007-08: Creative Writing at Circolo Agora, Pisa by the writer Alessandro Scarpellini. Other prices and recommendations: Sept 2019: Special Price from Board at the National Price "The Catcher in the Rye" (Giovane Holden publisher) for unpublished short novels. May 2011: National Price Fazio degli Uberti, poetry and novel from Felici Editore (publisher). Year 2009: National Price "IoScrivo" from Giulio Perrone Editore (publisher). Year 2008: National Price *Giovane Holden* (Viareggio, Lucca).

CV updated at: January 2020

